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Subject: What does Valentine's Day have to do with healthy aging?

Beyond greeting cards and heart-shaped boxes of chocolates, Valentine's Day is an opportunity to honor the relationships we have with the people who are closest to us. And we are learning that these intimate relationships are just as important to health as many other lifestyle and biological factors.

As many people experience better health later into life, there are more sexually active older adults. If you work with older adults and don't feel prepared to discuss this aspect of your clients' lives, these sessions and events are not to be missed.

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*Valid from 2/10/2015 to 2/17/2015 for new professional attendee registrations only

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Ageing in America is the annual conference of the American Society on Aging.

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