

From: NCOA Week <newsletters@ncoa.org>

To: Kester, Tonykester@aging.sc.gov

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Subject: Nutrition tools to stay healthy

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## Nutrition tools to stay healthy

It's Malnutrition  
Awareness Week—the  
perfect time to teach  
seniors the warning  
signs of poor nutrition.  
Join our Twitter chat  
Sept. 30 at 1 p.m. ET,  
#MAWchat.

Get info to share

*Sept. 29, 2015*

### New CDSME grantees announced

Congratulations to eight organizations that received awards from the Administration for Community Living (ACL) to bring to scale and sustain Chronic Disease Self-Management Education (CDSME) programs to help older adults and adults with disabilities manage their chronic health conditions. NCOA is proud to partner with ACL and the new grantees in our role as the National CDSME Resource Center.

**[Meet the new grantees](#) | [Visit our Resource Center](#)**

### Webinar: Using Social Media to Inform and Empower Older Adults

Join NCOA and IlluminAge for this up-close look at social media and how it can expand your outreach to older adults and the senior care network. Learn about the importance of editorial planning, diverse content sources, and discipline in managing your organization's social media efforts.

## Boehner Resignation Likely Means No Government Shutdown – Yet

The surprise announcement Friday by House Speaker John Boehner (R-OH) that he will resign at the end of October likely means the House will join the Senate in passing a clean Continuing Resolution (CR) to fund government programs until Dec. 11. This temporarily postpones major controversies over defunding Affordable Care Act provisions, raising spending caps on defense and non-defense discretionary spending, and possible “entitlement reforms” that cut Medicare and Medicaid. Republican leaders are expected to negotiate with President Obama over these issues to avoid a Dec. 11 government shutdown.

## House Targets Prevention and Public Health Fund Again

Today, the House Energy and Commerce Committee will consider proposals for the FY16 budget reconciliation process, which requires 51 votes for Senate passage. Included is a measure to repeal the Prevention and Public Health Fund (PPHF) and eliminate all PPHF current and future funding. This would deny \$15.5 billion for critical investments that include elder falls prevention, Chronic Disease Self-Management Education, and Alzheimer’s Disease Prevention Education and Outreach. NCOA has written to the Committee urging members to reject the proposals.

[Read our letter](#) | [Review funding proposals](#) | [Learn about reconciliation](#)

### *Coming up...*

- **Welcome to the New Center for Healthy Aging Website: A Guided Tour:** Learn where to find best practice resources and other useful information for organizations offering chronic disease self-management education and falls prevention programs. *Oct. 20 @ 3 p.m. ET*

### *Did you miss this?*

- **Video: 6 Steps to Prevent a Fall:** Watch and share our new animated video showing 6 steps older adults can take to reduce their risk of falling.
- **Flu + You:** It’s flu season! You can order free materials to distribute to the seniors you serve.
- **Funding Opportunity:** Apply to become a new NCOA Benefits Enrollment Center. Deadline is Nov. 13.

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NCOA | 251 18th Street South | Suite 500 | Arlington, VA 22202