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Important Questions You Must Ask Your Doctor • August 16, 2016 • Issue #943

Fearless Caregiver Profile

Join us as we celebrate Fearless Caregivers sharing personal stories as we care for our loved ones. Read this week's Fearless Caregiver Profile and feel free to add your profile as well, so we can learn from and share with our fellow caregivers.

JO JEWELL

How did you become the caregiver for your loved one?

I moved my Mother in with me October 2015, after noticing that she was having difficulties living alone.

What is the hardest thing about being a caregiver and the most rewarding thing?

The hardest is answering her same questions throughout the day, night, week. The most rewarding is that she knows how much I love her. [...more](#)

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FEATURED ARTICLE

Ask Your Doctor the Important Questions

by Max Zubatsky

“Have a seat and we’ll call your name soon.”

“Please fill out these forms to the best of your ability.”

“The doctor will see you now.”

Let’s face it; a doctor’s visit is not the ideal item on a Tuesday morning list of tasks. From the sterile smell in the air to the uncomfortable plastic chairs in the waiting room, the culture of medicine can be an intimidating place for many. Even more, a recent diagnosis can offer several unknown questions in a patient’s life. [...more](#)

GUEST ARTICLE

Caring for an Ailing Spouse with Parkinson’s

By Richard N. Sater

The choice to provide care at home marks an important change affecting the lives of both partners. If you choose to be the primary caregiver for your spouse, you will find it is one of the most demanding tasks you’ve ever tackled. It is a major commitment, and not one to be taken lightly. Once you make the choice to provide in-home care, it is entirely up to YOU to help your spouse get as much out of life as possible. [...more](#)

CARETIPS

Hurricane Preparedness for Caregivers

By Angela Medieros, Staff Writer

Hurricane season is here again. Individuals who are caring for loved ones must plan as far ahead as possible. Regardless of how many hurricane seasons weathered, current knowledge is literally a lifesaver.

The season lasts from June 1st to November 30th. Longtime residents living along the Atlantic and Gulf coasts have the dates memorized, but even those who have been through many cycles should look at each season individually. ...

[more](#)

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CARENOTES

From Constance in Rome:

My mom had to leave her home last year due to it being unsanitary to live in and the floors were caving in. She was in a medical facility for about 8 months until she was well enough to leave to be on her own. I got her into an apartment in my building only to find out that she cannot live on her own. Her apartment now has bedbugs and is filthy. Again, she is living in unsanitary conditions. She does not follow medical advice nor does she listen to what anyone tells her. What can I do to get her into an assisted living facility? ...[more](#)

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