

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 11/19/2016 6:02:18 AM  
**Subject:** 7 tips for traveling with bladder issues; Have peace and avoid arguments

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### [Adult Day Care-or Day Services-Can Fill a Gap for Caregivers](#)

The benefits of these flexible services are twofold. Your loved one can enjoy social opportunities, various activities and added safety, while you are free to work, run errands, attend appointments or savor some respite time. [Read More »](#)

#### [A Story of Love and Loss](#)

When someone you love has dementia, their health goes through countless ups and downs, and your emotions do too. This is a glimpse into my ongoing journey with my mom and how I have learned to fight back against this disease. [Read More »](#)

#### [7 Tips for Traveling with Bladder Issues](#)

Vacation and holiday plans can run into any number of speedbumps, but incontinence doesn't have to be one of them. Use these pointers to prevent embarrassing situations and ensure that getting there is just as enjoyable as the destination itself. [Read More »](#)

#### [Family Meetings: How to Have Peace and Avoid Arguments](#)

Immediate family often serves as the foundation of a senior's care team, but difficult dynamics can hinder vital planning and decision-making processes. Discover simple do's and don'ts that will make these meetings less complicated and more productive. [Read More »](#)

### You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

### Questions and Discussions From Caregivers

**Q: The nursing home says I can't bring Mom home for Thanksgiving?**

We live in another state and would need to take her out for about a week, since it is a significant drive, but they said Medicaid would stop paying for her care.

**Q: Is there any way to help relieve my mom's fears and hallucinations?**

She believes she is being watched and filmed and then says the footage is being played back to her.

**Q: How can I encourage Dad to accept the help offered at his Assisted Living Facility?**

He struggles with anything electronic, such as the TV remote and HVAC system, due to very low vision and dementia, but he is DETERMINED to do things himself.

**Q: How can I protect my house if I go into a rest home?**

I don't want to put a lien on my house. I have a trust for when I pass, but I want my son to get the whole value of my house.

## The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today (800) 951-7993. Operators available 24/7.

[Learn more →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Get Your Free Home Care Guide Now](#)

This resource will guide you through creating the ideal in-home care arrangement for your loved one.

### [Get Your Complimentary Caregiving Guides Now](#)

Become an empowered and educated caregiver.

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