

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
Date: 1/6/2016 9:02:56 AM
Subject: 5 things to know about your thyroid; How to help a loved one stay in their home

Answers And Emotional Support While Caring For An Elder

News And Articles »

How to Help a Loved One Stay in Their Home

Finding the answer to what level of care your loved one needs can be difficult. See how to identify the mental and physical factors and how finances play a role. [More »](#)

Caring for a Person with Dementia at the End of Life: Part I

A caregiver for someone with dementia and other compounding health issues is often faced with major medical decisions. Find out how to weigh different treatment options and their impacts. [More »](#)

5 Things to Know about Your Thyroid

Many women are diagnosed with thyroid issues, but the symptoms are not readily apparent. Take the time to follow up on your own personal health, whether you are experiencing the signs or not. [More »](#)

Our Role as Caregivers Is Often a Challenging Process

A new year provides a fresh start and an opportunity for reflection. Recognize how you define your caregiving role and what it means to you. [More »](#)

The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today **(800) 951-7993** . Operators available 24/7 or [click here to learn more](#).

Community Questions And Answers »

Q: How do I deal with my Mother's roommate at the nursing home?

She is wheelchair-bound, has dementia, and gets very aggressive and agitated. She doesn't know me well, but yells at me and accusing me of being mean, or saying...

Q: Should an insulin dependent diabetic with dementia live alone?

We have tried so hard to get her to fill out a chart listing her glucose readings, meals, and insulin doses but she can't remember to do it.

Q: What to do if neither you nor your mom can afford assisted living?

I know it won't work to have her live with us. I did offer this when Dad died, but she wouldn't sell the house. Now it is harder than ever.

Q: How to set boundaries without being the mean person?

These days I struggle to get any significant time away from her as she follows me everywhere.

VITAS hospice care is about you, not your disease.

Bringing physical, emotional and spiritual support to wherever you call home. 100% covered by Medicare, Medicaid and most insurance.

Visit [VITAS online](#) or call **1.877.658.2908** day or night.

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

[An Unforgettable Funeral Requires a Plan](#)

A final tribute should be as unique as the Individual. Make your service one to remember.

[Request your FREE Personal Planning Guide >](#)

[Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

[The "Get Help if you Fall" Medical Alert System](#)

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

[Get Pricing on Senior Living Options](#)

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation.

[Get pricing today >](#)

[What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

[Get a Veterans Benefit Resource Guide](#)

Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide >](#)

[How to Search for Home Care](#)

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

[Get Complimentary Caregiving Guides](#)

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

© 2016 AgingCare.com . [Find Us On Facebook](#) . [Follow Us On Twitter](#)

To ensure delivery, add newsletter@agingcare.com to your address book or safe list.

[Change your email address](#) | [Unsubscribe](#) | [Privacy Policy](#)

AgingCare.com | 9015 Strada Stell Court, Suite 203 | Naples, FL 34109