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**Who are you?** • March 31, 2015 • Issue #801

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

### "King of Hearts" An Interview with Larry King

*Larry King was the Emmy award winning host of CNN's longest running interview program. Dubbed "the most remarkable talk-show host on TV ever" by TV Guide and "master of the mike" by TIME magazine, the show featured guests from across the gamut of business, entertainment and politics including present and past presidents, kings, queens, movie stars and health care professionals. After a massive heart attack in 1987, Mr. King created the Larry King Cardiac Foundation to provide funding for life saving cardiac procedures for individuals who, due to limited means and no insurance, would be otherwise unable to receive life saving treatment.*

*Editor-in-Chief Gary Barg turns the tables on the nation's leading interviewer for a heart felt and wide ranging conversation.*

**Gary Barg:** I don't think that you would remember, but this is actually the second interview we've done together.

**Larry King:** When was the last one?

**GB:** It was 40 years ago. It was on a houseboat across from the Fountainbleu hotel in Miami Beach, Florida. I was about 10 years old and going to Camp Ocala. You were interviewing the owners of the camp and they wanted to bring a camper on. I remember your being so nice to me, and I very much appreciated that.

**LK:** That was 41 years ago because that was in 1965. I've been in the business 49 years now.

**GB:** I remember it vividly. It was a very good experience for me.

**LK:** I remember the name Camp Ocala. [...more](#)

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## FEATURED ARTICLE

### **Ovarian Cancer: The Caregiver's Role**

*By Sandra Ray, Staff Writer*

The American Cancer Society reports that ovarian cancer is the eighth most common cancer among women today. About three percent of all cancers in women are some type of ovarian cancer. Unfortunately, ovarian cancer ranks among fifth in cancer deaths, primarily due to the fact that it is hard to detect until it has advanced beyond the ovaries into other areas of the body. Estimates are that one in every 57 women will develop ovarian cancer in the United States. [...more](#)

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## GUEST ARTICLE

### **The Who Am I? Scrapbook**

*By Lynn Lancaster Gorges*

We know all about our loved ones we care for, but how can we help their other caregivers know them in a similar way? It can be done rather easily with a fun and easy project—a scrapbook. What a wonderful way to help the caregiver know the patient much more quickly. [...more](#)

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## CARETIPS

# Are You a Type D Personality? Here's the Antidote

*By Debbie Mandel*

Most of us feel frustrated when we think we have no control over what is happening to us. Living in ambiguity or uncertainty, we turn to our crystal balls and forecast gloom and doom in our lives. We tend to create a fictional certainty to counteract the ambiguity and usually this version of "our certainty" ends in failure. Anticipating a negative outcome, we bring it on ourselves, or at best waste precious time dreading the outcome which luckily never happens the way we imagine it would! This hopeless and helpless attitude is not only stressful, but terribly unhealthy for us and those in our care! [...more](#)

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## CARENOTES

### From Nadine:

I recently attended my first "Fearless Caregiver Conference" in Maitland, Florida at the Holy Trinity Conference Center. I attended it mainly because of my daughter who has severe mental issues, so I listened intently as others told their stories. I do take my daughter out to eat, I am her sole "transport system" and "social calendar," not to mention all the doctor visits, etc. Her two children are incapable or caring for her, reject her health condition, or are ashamed of it.

But I have another issue. Myself. I am 75, currently very able to take care of myself, and am very active in church activities, attending many seminars or conferences. Although I live in Florida to take care of my daughter, I enjoy living here [...more](#)

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