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**Diabetes Heat Safety Tips** • May 28, 2015 • Issue #816

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Summer of Respite

With memorial day behind us, It's time to roll out our fifteenth annual Summer of Respite series. Since we first announced our Summer of Respite 2001, each year's series has been a smashing success. Every summer, we encourage caregivers to continue helping each other by sending in your respite tips and techniques. This summer, it is more important than ever for each and every one of us to avail ourselves of the benefits that respite offers. [...more](#)

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#### FEATURED ARTICLE

## What You Should Know About FTD

*By Mary Gennerman, OTR/L*

*and Kim Warchol, OTR/L*

A loved one turns 50 (or so), impulsively buys a flashy sports car that he can't afford, aggressively propositions women in restaurants, swears at his boss, then lobs insults at you when you suggest that he settle down. You might think that he's having a somewhat tardy midlife crisis...but he's not. [...more](#)

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#### GUEST ARTICLE

## A Life Forever Altered, Forever Changed

*By Sharon Pulido*

Do you ever think things are going too good to be true and something bad must happen to compensate? I have always thought that way. When I met my husband, Mario, our life was wonderful. He was great, life was good, and we had our two little boys. I couldn't imagine a better life than the one I had. But things did get bad; they got very bad. Life is unpredictable and can be changed by a single phone call; everything that I ever knew or believed in was forever altered. [...more](#)

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#### CARETIPS

## Diabetes and Heat: Safety Tips

If you have diabetes, be extra careful during hot weather. Temperatures of 80°F (about 27°C) or above, especially with humidity, can affect medication, testing supplies, and your health. [...more](#)

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### CARENOTES

#### From Matthew:

Helping Mom in and out of bed is getting hard. I'm not sure what to do anymore. Any tips for how we can help her and make it easier and more safe for all of us?

[...more](#)

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