

From: MidlandsBiz + MidlandsLife <acooper=midlandsbiz.com@mail53.atl51.rgs.v.net>
To: Adams, ChaneyChaneyAdams@gov.sc.gov
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Subject: MidlandsBiz + MidlandsLife: Employment sets new record high; Unemployment Rate Drops to 4.9 Percent

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ON THE MOVE IN THE MIDLANDS

SC Unemployment Rate Drops to 4.9

Percent

Employment sets new record high; Unemployment Rate Drops to 4.9 Percent. The number of South Carolinians working in September rose to an all-time high while the state's seasonally adjusted unemployment rate dropped below 5 percent for the first time since April 2001.

[Read More](#)

Ameris Bank supports Columbia City Ballet as ticket sponsor of 2016-2017 season

Ameris Bank announced its ticket sponsorship of the 2016 – 2017 Columbia City Ballet season. Since its founding in 1961, the Columbia City Ballet has integrated the world of dance within the lives of Columbians. [See More](#)

Ambition is Great, But it's Very Different from Potential and Talent

Brian Maynor, Style Coach: "For most people, the first job you're hired for is not your ideal job." [Read More](#)

Mount Franklin Foods establishing new Sumter County operations

Mount Franklin Foods, a leading North American manufacturer of high-quality candy and nut products, is launching new operations in Sumter County. The project is expected to bring \$10 million in new capital investment and lead to the creation of 225 new jobs. [See More](#)

The Kessler Collection announces luxury boutique hotel in the Upstate, Grand Bohemian Hotel Greenville

The Kessler Collection, a portfolio of 11 artistically inspired boutique hotels, continues its expansion of the "Bohemian" inspired brand throughout the southeast by announcing a new location in Greenville [See More](#)

Holroyd establishing first U.S. manufacturing operations in Spartanburg County

Holroyd Precision Components (Holroyd), a sub-contract manufacturing division of Precision Technologies Group (PTG) Limited, is establishing its first U.S. manufacturing operations – Holroyd Precision Rotors, Inc. – in Spartanburg County. The \$12.5 million investment is expected to create 23 new jobs. [See More](#)

iTs|SC Executive Speaker Series presents Women in Insurance and IT

iTs|SC: Columbia's Insurance Technology & Services Cluster will host the latest in their ongoing Executive Speaker Series: Women in Insurance and IT, to be held Wednesday, October 26th at Columbia College from 8:30 AM – 10:00 AM. [See More](#)

Bank of America marks flood anniversary with ongoing flood donations during “Rebuild Blitz” volunteer event

Kim Wilkerson, President of Bank of America in Columbia and SC, announced a new round of financial support to United Way of the Midlands, Central South Carolina Habitat for Humanity, and Home Works of America to continue the ongoing work of assisting the Columbia-area flood recovery efforts. [See More](#)

SCE&G observes National Energy Action Month, shares energy efficiency tips with customers

October is National Energy Action Month, and in observance, SCE&G is reminding customers of tips and programs to make their homes more energy efficient. [See More](#)

Vulcan Materials Company supports GSSM's STEM programs and camps

The South Carolina Governor's School for Science & Mathematics (GSSM) recently received a \$10,000 investment from Vulcan Materials Company in support of GSSM's Business Leadership Network (BLN); its GoSciTech residential summer camps; and two satellite summer day camps, CREATEng and iTEAMS Xtreme: Next Generation, held in Greenville County. [See More](#)

Adams and Reese offers tips for business continuity and recovery in the wake of a natural disaster

In the aftermath of Hurricane Matthew, there remains devastation throughout the states along the southeastern U.S. coast. Adams and Reese has firsthand business continuity and recovery experience. [See More](#)

South Carolina Association of Health Underwriters prepares for annual symposium

The South Carolina Association of Health Underwriters will host its 2017 Annual Symposium at the DoubleTree Hotel in Columbia, SC on Thursday, January 26th and Friday, January 27th. [See More](#)

Richland Two hosts small and minority vendor showcase

Richland School District Two is seeking ways to increase the number of small and minority companies doing business with the district. [See More](#)

Pathways to Careers Expo

What do you want to be when you grow up? That's a question school age children are often asked over, and over again. [See More](#)

My Unforgettable Flood Moment

By Tammy Davis Moshier: Throughout this whole flood experience, I kept telling myself that I would be fine, that this will pass. But at that time, things were difficult. I knew things would continue to be difficult for a while [See More](#)

The Rules of Email Introductions

Brian Maynor, Style Coach: Networking is all about making connections, and a key component in a connection is the introduction. [See More](#)

Making Something Out Of Nothing

Tom Poland: About a thousand years ago I ran across the word "alchemy." The word fascinated me because it hinted that medieval magicians could turn ordinary metals into gold. That's what Dad used to refer to as "making something out of nothing." [See More](#)

18 Simple Ways to Lose Weight

By Joel DuBose and Mike DuBose: For many of us, the number on the scale starts creeping up with age. Fortunately, there are some easy measures that anyone can take to reverse weight gain, and these small strategies add up! [See More](#)

Something to lift your mood: Artichoke Mushroom

Chicken

By Kay MacInnis: Y'all are going to love hearing this: Eating more fruits and veggies might boost your mood. [See More](#)

Healthy Recipe of the Week - Garlic Roasted Cauliflower

By Jan Pinnington: Easy enough for kids to make! [See More](#)

[What's all the hype about coconut oil?](#)

By Jesa Culy: Why are people all of a sudden cooking with coconut oil? Isn't it high in saturated fat? Doesn't saturated fat cause heart disease? These are all great questions!

[See More](#)

[Restaurant Week Columbia](#)

Restaurant Week Columbia is happening now! Click here for a searchable list of the participating restaurants. [See More](#)

[Soda City Market](#)

October 22 - Soda City is a weekly market focused on brain, body and belly. Each Saturday from 9am – 1pm on the 1500 block of Main Street in Columbia, SC, Soda City features local and regional food and craft vendors. [See More](#)

[Free Gardening Workshops: Start and Maintain a Healthy Garden](#)

October 22 @ 10:00 am - 11:00 am - Learn how to start and maintain a healthy garden through a series of free gardening workshops hosted by the City of Columbia Parks & Recreation Department. [See More](#)

[17th Annual Columbia Buddy Walk](#)

October 23 - October is Down Syndrome Awareness Month and the time to join Family Connection of South Carolina for its 17th Annual Columbia Buddy Walk®. [See More](#)

[Hemophilia of SC Annual Turkey Trot 5K Run](#)

November 5 @ 9:00 am - 12:00 pm - The HSC Turkey Trot is the Chapter's 5K Walk/Run fundraiser which is held in the late fall during the Thanksgiving holiday season. Hosted by Hemophilia of South Carolina, the Turkey Trot is the Chapter's biggest fundraiser. [See More](#)

[Events around Columbia and the Midlands](#)

See business and after hours events here. [Read More](#)

[Political cartoons from Robert Ariail](#)

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