

From: NCOA Week <newsletters@ncoa.org>

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Subject: Falls Prevention Awareness Day is around the corner

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## Falls Prevention around the corner

Our 9th annual Falls Prevention Awareness Day (FPAD) is Sept. 22. Are you ready to spread the word about how to prevent falls? We have everything you need—including handouts, event ideas, promotional materials, and more.

Get ready

*Aug. 16, 2016*

### Grant opportunity: Benefits Enrollment Centers

We're seeking proposals for new Benefits Enrollment Centers (BECs) serving special populations, including veterans, LGBT seniors, members of American Indian tribes, individuals with limited English proficiency, and those recently released from incarceration. Applications are due Sept. 9.

[See how to apply](#) | [Learn what BECs do](#)

### Join us at Senior Centers 2016

Meet 250 senior center professionals from across the country at Senior Centers 2016, Sept. 26-28 in Philadelphia, sponsored by our National Institute of Senior Centers. Come to network and learn best practices to enhance your center and programming.

[Register by Sept. 16](#)

### Acute vs. chronic conditions: What's the

## difference?

As we age, our immune systems change, making us more prone to acute and chronic diseases. Learn how these two disease types differ.

[Read our blog post](#)

### *Coming up...*

- **Falls Free® Photo Contest:** Send us positive images of older adults engaged in a variety of falls prevention activities. *Deadline Aug. 26*
- **Building upon Senior Center Strengths: 10 Steps for Sustainable Growth:** Learn practical steps for senior centers to succeed. *Sept. 22 @ 1:30 p.m. ET*

### *Did you miss this?*

- **Ready, Set, Bank™:** Share these videos designed to help older adults master online banking.
- **Senior Center Month 2016:** Use our ideas to celebrate this September!

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