

From: National Women's Health & Fitness Day--9/30/15 <phenze@fitnessday.com>
To: Kester, Tonykester@aging.sc.gov
Date: 8/13/2015 4:08:10 PM
Subject: Free Women's Health & Fitness Day Event Registration!

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Issue No. 3

August

14th Annual National Women's Health & Fitness Day Event Set for Wednesday, September 30th

**For a Limited Time: Register
for FREE to Host a Local
Event--a \$30.00 Value!**

2015 Event Theme:

*"Fitness...It's a Smart Choice for
Life!"*

*Please Excuse This Reminder If You
Have Already Registered*

On Wednesday September 30, more than 50,000
women of all ages will participate at 500+ local

events as part of activities celebrating the 14th Annual National Women's Health & Fitness Day-- the nation's largest women's health and wellness event. For more event information, please visit fitnessday.com.

Local groups planning National Women's Health & Fitness Day events include Ys and health clubs, park and recreation districts, hospitals and health systems, colleges and universities, health plans, local women's organizations, retirement communities and senior centers, and many more. Activities at these local events include exercise demonstrations, fitness presentations, health fairs, and health screenings.

Organizations that wish to host a National Women's Health & Fitness Day event must register in order to legally use the event name and logo, which are official trademarks. The 2015 event registration fee is \$29.95 per location (plus shipping). The fee includes the license to legally use the event name and logo, as well as access to the official program website with all of the materials and resources needed to plan and host a successful Women's Health & Fitness Day event on Wednesday, September 30th.

One of this year's event sponsors is underwriting the event registration fee for the first 50 organizations that register online.

FREE EVENT REGISTRATION

Save \$30.00 and [register now](#) if your organization would like to host a National Women's Health & Fitness Day event on Wednesday, September 30th.

Hurry--This free event registration offer is only available to the first 50 organizations that [register online](#).

Questions about National Women's Health & Fitness Day?

Please contact the Health Information Resource Center (HIRC), event organizer:
info@fitnessday.com | Phone:
1-800-828-8225

Follow Women's Health & Fitness Day on Social Media:

Twitter: @fitnessday **Hashtag:** #whfd15

Facebook: facebook.com/fitnessdays

About Us

The Health Information Resource Center (HIRC), organizer of National Women's Health & Fitness Day, is a national information clearinghouse for professionals who work in consumer health markets. In addition to [National Women's Health & Fitness Day](#) other well-known HIRC programs include: the [National Health Information Awards](#) and the [Digital Health Awards](#) competitions.

Phone: 1-800-828-8225 | e-mail: info@fitnessday.com

Health Information Resource Center

328 W. Lincoln Ave. #10 | Libertyville, IL 60048

You are receiving this e-mail because you have registered for a previous [National Women's Health & Fitness Day](#) event or National Senior Health & Fitness Day event, or have requested information about these events or about other HIRC programs.

If you do not wish to receive future e-mails, please check the *SafeUnsubscribe* box below. Thank you.

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