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April 3, 2015

## **Healthy Aging and Healthy Communities**

Nora Super, Executive Director, White House Conference on Aging

Last week, U.S. Department of Housing and Urban Development (HUD) Secretary Julián Castro, U.S. Surgeon General Vivek Murthy, U.S. Department of Health and Human Services' (HHS) Assistant Secretary for Aging Kathy Greenlee, and I hosted a listening session at the White House with experts in aging, housing, and health care to hear their ideas and insights about opportunities to help older adults remain healthy and active in their communities.

Session participants urged us to break down the silos between housing, transportation, health care, and long-term services and supports. They also shared wonderful examples of communities—such as Boston and Reno—who've come together to address these issues with a multifaceted, multidiscipline approach, recognizing that healthy aging takes place in communities where older adults can be active, find affordable and appropriate housing, and access needed health and social services. [\[More\]](#)

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