

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** 3 key differences between independent and assisted living; Balancing a career and caregiving

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### Funeral Expenses are an Essential Part of a Financial Plan

70% of Americans say they want to minimize the emotional and financial burden their death may place on their loved one, but only 24% actually have done something about it. [Find out how »](#)

#### 3 Key Differences between Independent Living and Assisted Living

You will not believe the differences between the two! The differences are significant. Ensure your loved one is in the right care setting. [Read More »](#)

#### Real-Life Examples: Veteran Caregivers Share their Care Plans

Do you have a care plan? If not, these caregivers have provided a bit of tried and tested advice for facilitating daily activities, staying organized and involving family members. [Read More »](#)

#### Balancing a Career and Caregiving, You Can't Go it Alone

Do not embark on this journey alone. See what tips and tricks you can use to achieve balance in your life. [Read More »](#)

#### Find Senior Housing for Your Loved One

A care advisor can provide you with what options are available for your unique situation. [Get the information you need on costs and services.](#)

### Questions and Discussions From Caregivers

#### Q: How many days notice do you usually get before being discharged from rehab?

Mom's physical therapist will probably give her two more weeks to see if she continues to improve.

#### Q: Why would Mom's condition suddenly change?

Today the nurse called me to say she has swelling in her back, legs and arm. Yesterday she was eating and talking fine.

#### Q: Should non-involved children be told their father is on Hospice?

His children from a previous marriage have never been a part of his life like most children are.

**Q: Is there any affordable help or am I destined to spend what ever years I have left as an overwhelmed locked up caretaker?**

I am getting to the point that I am not sure how much longer I can care for him.

**Don't wait to consider Hospice Care!**

This free Hospice Discussion Guide can help you get the conversation started about your loved one's wishes.

[Get your free guide now!](#)

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### [Get Pricing on Senior Living Options](#)

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation.

[Get pricing today >](#)

### [Get a Funeral Planning Guide](#)

A final tribute should be as unique as the Individual. Make your service one to remember. [Request your FREE Personal Planning Guide >](#)

### [Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

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Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

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VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

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Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide >](#)

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Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

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These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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