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Date: 1/26/2015 11:01:27 AM
Subject: Live Video Training this Winter - Suicide Intervention, Mindfulness Counseling, Violence Prevention and more

Access the following training right from your desk:

De-escalating Potentially Violent Situations™

February 12, 2015 from 1:00 PM - 2:00 PM (CST)

March 23, 2015 from 1:00 PM - 2:00 PM (CST)

For those who work in an environment where there is potential for violence, it is important to develop the skills needed to defuse dangerous situations. This webinar will focus on how to de-escalate potentially violent situations through assertiveness and interpersonal communication. Participants will gain a clear understanding of how to assess the potential for violence and respond with a diverse set of interpersonal tools and strategies designed to defuse potentially violent situations.

Need this webinar sooner? [Click Here](#) to purchase our pre-recorded webinar on the topic.

Suicide Awareness and Intervention

February 24, 2015 from 1:00 PM - 2:00 PM (CST)

This webinar provides viewers with a general overview of the issues surrounding suicide. Topics related to myths, risk factors and warning signs will be explored. The final portion of the webinar will walk participants through a suicide assessment and intervention process with the goal of assisting participants to better identify and assist those at risk of suicide.

Need this webinar sooner? [Click Here](#) to purchase our pre-recorded webinar on the topic.

Crisis Response Planning

March 9, 2015 from 1:00 PM - 2:00 PM (CST)

The increase of critical incidents (violence, suicide, tragedy, etc.) requires schools, communities and organizations to be prepared to respond to these unfortunate events. This webinar will focus on how to organize effectively and quickly at a time of high stress so that groups are better prepared to respond to the emotional needs of those affected by a critical incident. Participants will develop an understanding of how to implement their own crisis response team and plan for their specific environment.

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Mindfulness as a Counseling Tool

April 7, 2015 from 1:00 PM - 2:00 PM (CST)

Mindfulness practices contribute to individuals developing greater emotion regulation, ability to

engage with life and overall better physical and mental health. Counseling professionals can use mindfulness strategies to improve their own capacity to engage with and support others, as well as teach these strategies to those they support. This webinar gives an overview of considering how to apply mindfulness practices into the counseling setting.

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Violence Threat Assessment – Planning and Response

April 24, 2015 from 1:00 PM - 2:00 PM (CST)

Knowing how to respond to a threat is a tremendous challenge. After a violent incident, it is not uncommon to find that many different people were aware of clues that an attack was being planned. Yet, without the proper mechanism to gather information and assess the situation, prevention is nearly impossible. This webinar provides a communication and decision-making model to help businesses, schools, organizations and communities become proactive in their management of threats. Strategies to help you identify, assess, and manage individuals who make threats will be explored.

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Regards,

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CTRI provides a wide variety of workshops and services for individuals, communities and organizations affected by or involved in working with issues of crisis and trauma. Our trainers and consultants are specialists in their field who deliver content-oriented presentations that are both engaging and informative.

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