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To: Kester, Tonykester@aging.sc.gov
Date: 7/25/2015 6:01:55 AM
Subject: How to sign up for Medicare; Senior anxiety

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

Top Tips for Family Caregivers: July 2015

Get the caregiver insider scoop! This month covers dementia symptoms, how to reimburse oneself for home repairs, and so much more. [More »](#)

Senior Anxiety, OCD and Hoarding

Anxiety is common in the caregiving world. Learn how to recognize it and prevent it from becoming debilitating not only you, but your loved one as well. [More »](#)

Medicare (Parts A, B, C, D): How to Sign Up a Parent or Spouse

Become an expert at navigating the Medicare maze. Planning ahead is worth the investment, and may even help you to prepare for your own future. [More »](#)

How to Evaluate Senior Living Options

All too often, the unexpected strikes and a loved one is suddenly looking for alternative living arrangements. Being informed can help you to make a confident decision rather than a snap judgement regarding senior living. [More »](#)

Home Instead Senior Care® CAREGivers SM Wanted

Laugh, learn and change the lives of the people you work with, and maybe even your own.

Call (888) 839-5724 or visit www.homeinstead.com/acj

COMMUNITY QUESTIONS AND ANSWERS »

Q: How can you force an elder to get at-home help?

[[Read caregiver answers »](#)]

Q: Husband and Father can't get along, how do I combat the stress of always having to be in the middle of it?

[[Read caregiver answers »](#)]

Q: Do you prepare healthy meals, but the one you're caring for eats something else?

[[Read caregiver answers »](#)]

Q: Can someone tell me if this is still stage 1 Alzheimer's or what stage could it be?

[[Read caregiver answers »](#)]

VITAS hospice care is about you, not your disease.

Bringing physical, emotional and spiritual support to wherever you call home. 100% covered by Medicare, Medicaid and most insurance.

Visit [VITAS online](#) or call **1.877.658.2908** day or night.

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

How to Choose the Right Senior Living Option

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation. [Start the conversation today >](#)

The "Get Help if you Fall" Medical Alert System

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

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