

From: NCOA Week <newsletters@ncoa.org>

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Date: 11/18/2015 7:22:25 AM

Subject: Join a week of action for aging services!

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Join a week of action for aging services!

NCOA and other national aging groups are sponsoring a week of action to tell Congress to protect and invest in aging services. We need your voice! Congress will be making FY16 funding decisions by Thanksgiving. TODAY, send a personalized email. Then Wednesday-Friday, call your lawmakers at 1-800-998-0198.

[Send an email now](#)

Nov. 17, 2015

See Medicare costs for 2016

Last week, the Centers for Medicare & Medicaid Services (CMS) announced the final cost structure for Medicare Parts A & B. Our handy cost-sharing chart and fact sheet explain the increases, including which beneficiaries will pay the Part B premium of \$121.80.

[Read our fact sheet](#) | [See our chart](#)

Help us support grandmas in need

Our grandmas deserve the best. Yet, half of women over age 65 are economically insecure. #GivingTuesday is on Dec. 1, and NCOA is participating in the #GivingTower to support our work for grandmas everywhere. You can help by setting up an online fundraiser for NCOA.

[See how to fundraise for our campaign](#)

Why care about Medicare Open Enrollment?

There are many reasons for older adults to reevaluate their Medicare plan before Open Enrollment ends Dec. 7—saving money being just one. Help the seniors you serve by sharing this My Medicare Matters® step-by-step guide.

[Learn more](#)

Coming up...

- **Successful Completion of CDSMP Workshops: Can Session Zero Make a Difference?** Join our Center for Healthy Aging to learn about strategies for increasing participant completion rates in chronic disease self-management education (CDSME) workshops. *Nov. 23 @ 3 p.m. ET*
- **Current Trends in Benefits Access:** Hear a year-end synthesis of trends from our Center for Benefits Access and discover what may be in store in 2016. *Dec. 15 @ 2 p.m. ET*

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