

From: SC Thrive <training@scthrive.org>
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Subject: 8 Ways to Stay Cool this July!

**Looking for ways to stay cool this summer?
Check out our favorite ideas!**

1. Grab an ice cream cone or a frozen fruit pop!
2. Stick your pillowcases in a plastic bag in the freezer for a few minutes before bed!
3. Take a trip to the lake or the beach to relax in the water!
4. Visit the North Pole.... Or just pretend you're there!
5. Head to a museum and learn while you cool down!
6. Drink lots of ice water!
7. Join us at a fully air-conditioned training to learn how to serve your Clients even better!

UPCOMING TRAININGS

Adult Mental Health First Aid

Adult Mental Health First Aid helps the public identify, understand and respond to signs of mental illnesses and substance use disorders. Just as CPR training helps a layperson assist an individual following a heart attack, Adult Mental Health First Aid training helps a layperson assist someone experiencing a mental health crisis.

After completion, participants will be certified as Mental Health First Aiders.

Spartanburg | 7.19.16

Spartanburg | 8.5.16

Military and Veteran Benefits Counselor Training

Learn how to use SC Thrive's Application Completion Tool to help military members, veterans and their families access benefits they earn for their military service. Complete forms to obtain benefits for college, other post-secondary education, home loans and home adaptations and to request DD-214 service records.

Georgetown | 8.11.16

SC Thrive's 6th Annual Training

Join us in Downtown Charleston to recognize the great work being done by the Heroes of Change in South Carolina. Registration is now open and space is limited, so register today!

Learn More!

Benefits Counselor Training

SC Thrive gives people more efficient access to resources that improve the financial, health and household stability of South Carolinian families by using web-based technology. This training certifies individuals to use the Application Completion Tool to assist their clients in applying for state and federal benefits.

Richland | 7.12.16

York | 7.15.16

Florence | 7.19.16

Charleston | 7.21.16

Greenville | 7.28.16

Richland | 8.9.16

Reminder

In order to maintain integrity and confidentiality with application assistance, all SC Thrive Counselors will be required to complete an abbreviated, annual Security Awareness Training. We have adopted this policy to ensure protections of personal information and promoting a safe environment for our Counselors and Clients. This year, we began sending our renewal Security Awareness Trainings for active SC Thrive Counselors to be completed within 30 days. The renewals will be sent to Counselors based on the month they completed SC Thrive Counselor Training. If not completed, Counselors will be disabled until completion. If you have any questions, please contact training@scthrive.org.

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