

---

**From:** Haltiwanger, Katherine  
**Sent:** Monday, August 31, 2015 10:33 AM  
**To:** Haley, Nikki  
**Subject:** FW: From HR  
**Attachments:** Steptember Wellness Walk T-shirt Design.pdf;  
Steptember\_tshirt\_Orderform\_FINAL.DOCX; Steptember\_PEBAupdate.docx

Just wanted to let you know about this event that HR shared with me; I sent it to our staff.

-Katherine

---

**From:** Haltiwanger, Katherine  
**Sent:** Monday, August 31, 2015 10:32 AM  
**To:** Adams, Chaney; Ashton Lee; Baker, Josh; BethWebb@gov.sc.gov; Brian Symmes; David Glaccum; Jones, Sheila; Katie Philpott (katiephilpott@gov.sc.gov); Mottel, Haley; Nicole Priester; Patel, Swati; Peters, Hal; Rob Godfrey; Schimsa, Rebecca; Smith, Austin; Veldran, Katherine; Zach Pippin; Pisarik, Holly (Holly.Pisarik@dss.sc.gov)  
**Subject:** From HR

The South Carolina Public Employee Benefit Authority (PEBA) has been busy planning the **Step-tember Wellness Walk!** This year's fall walk is scheduled for Friday, September 25 at the Riverfront Park in Columbia. The walk will kick off at noon with refreshments and door prizes.

Step-tember t-shirts are available now until September 11 for only \$6.50 (an additional \$2.25 for 2XL and 3XL). The Step-tember t-shirt order form is attached along with the t-shirt design. The order form and payment are due to PEBA by September 11.

I have attached an update on Step-tember details for you to use in your agency/organization communication and event promotion. I encourage you and your staff to join in what promises to be a motivating and rewarding event. Your participation is an investment in a healthier, brighter future for yourself and your coworkers. Lace up your tennis shoes, and come on out to enjoy a nice fall day!

If you have any questions about ordering t-shirts or the event, feel free to email me at [wellness@peba.sc.gov](mailto:wellness@peba.sc.gov) or call me at 803-737-5713.

Thank you,

**Health and Wellness Initiatives Registration**  
803.737.6800