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**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 12/17/2015 9:49:53 AM  
**Subject:** Nursing Home Persuasion

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Nursing Home Persuasion • December 17, 2015 • Issue #874

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Re-Combobulation

I received an email request recently from a reader:

*Our small online support group is already starting to stress over holiday plans...our members are all caring for folks in the mid to late stages of AD.*

*There are physical as well as mental/emotional demands on us. One tiny problem can really upset the apple cart. So, as you can imagine, we need lots of help and support.*

*Please, please start your holiday advice columns soon before we all are too far gone! ...more*

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## FEATURED ARTICLE

# Convincing a Loved One to Go to a Nursing Home

By Marie Marley

Virtually no one wants to either live in a nursing home or place a loved one in such a facility. However, according to Linda Breyspraak, Center on Aging Studies, University of Missouri-Kansas City, “Today, people over the age of 65 have about a one-in-four chance of spending time in a nursing home.” [...more](#)

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## GUEST ARTICLE

# Coots and the Christmas Gulls

By Marky J. Olson

That’s my dad with his beautiful snow-white curls framed by the lake. He still knows me, but the last stroke left him in a wheelchair, in an adult family home, and with dementia. His love of 65 years has been gone for almost two years now.

**Your mother was just here and I wish she would stay. She just won’t settle down!**

What did she say to you, Daddy?

**We’re not going to Hawaii after all.**

Oh. [...more](#)

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## CARETIPS

# Nine Ways to Get Someone to Eat

By Jennifer B. Buckley

A common nutritional problem that can affect care recipients in poor health is cachexia-anorexia and it especially involves those in advanced stages of Alzheimer’s, Cancer and AIDS. Cachexia-anorexia is a syndrome in which progressive and involuntary weight loss occurs. The people with this disorder are “wasting-away” from the lack of vitamins and nutrients and as a caregiver;

this can be a difficult and frustrating event to witness. ...[more](#)

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CAREVERSES

## **Touched By A Nurse**

*By Judy Kay Goodridge*

She walked into the room softly  
To see if I was awake.

I could tell that she was tired,  
But her smile was sincere and not fake.

She tenderly turned my body.  
She sensed the pain and ache.

Her touch was oh so gentle  
She was like that every day.

Tears filled these old weary eyes,  
Emotion was more than I could bare.

No it was not from pain in my body.  
Only relief that she did care.

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