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Three Pearls of Caregiving • September 27, 2016 • Issue #951

Fearless Caregiver Profile

Join us as we celebrate Fearless Caregivers sharing personal stories as we care for our loved ones. Read this week's Fearless Caregiver Profile and feel free to add your profile as well, so we can learn from and share with our fellow caregivers.

DONNA FLANNIGAN

How did you become the caregiver for your loved one?

I began sitting with my loved one after she had a stroke from there I fixed her food, give her meds helped her take baths and go Dr appointments, etc.

What is the hardest thing about being a caregiver and the most rewarding thing?

The hardest thing is to see them scared or fragile and the most rewarding thing is see the smile on their face at the end of it all. [...more](#)

IN THIS ISSUE

[Fearless Caregiver Profile
DONNA FLANNIGAN](#)

[Ovarian Cancer: Helping
Caregivers Communicate
and Cope](#)

[Three Pearls of Caregiving](#)

[Attacking Accidental
Overdoses](#)

[CareNotes](#)

FEATURED ARTICLE

Ovarian Cancer: Helping Caregivers Communicate and Cope

By Sandra Ray, Staff Writer

Teresa Combs, mother of three, lives in Granbury, TX and is an ovarian cancer survivor. She was 23 years old when first diagnosed with the disease. When questioned about her experience, she said, "I wish my caregivers had been more educated. I also wish I had been more educated about ovarian cancer. There are so many things we know now that weren't available when I had cancer." [...more](#)

GUEST ARTICLE

Three Pearls of Caregiving

By Brock Travis, Ph.D.

If we let ourselves love other people, then sooner or later we are going to have to visit a hospital, make choices or give care for another person. Whether it is a child, a spouse, a parent or a friend, in-home 24/7 or by phone on-call, this is caregiving. [...more](#)

CARETIPS

Attacking Accidental Overdoses

By Gary Barg, Editor-in-Chief

A growing concern for family caregivers is the possibility of a loved one's accidental overdose. This is an issue I hear about with alarming frequency as we travel the country on our Fearless Caregiver Conference tour. If nothing else, the statistics bear out the potential for danger to our loved ones. [...more](#)

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CARENOTES

From Cathy in Georgia:

My husband is diabetic and has neurophy in his hands and legs. He is limited in what he can do inside and outside our home. In the last 4 years has had all toes removed on one foot. How do I adjust to my new role as a caregiver. ...
[more](#)

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