

State of South Carolina

Governor's Proclamation

WHEREAS, good nutrition and physical activity are key components of a healthy lifestyle; and

WHEREAS, the type, quality, and amount of food that individuals consume each day play a vital role in their overall health and physical fitness; and

WHEREAS, continuing nutrition education and wide-scale, population-based efforts help enhance healthy eating and physical activity practices for the residents of South Carolina; and

WHEREAS, the 2013 observance of Nutrition Month provides an opportunity for people across the state to join together in celebrating the importance of good nutrition.

NOW, THEREFORE, I, Nikki R. Haley, Governor of the Great State of South Carolina, do hereby proclaim March 2013 as

NUTRITION MONTH

throughout the state and encourage all South Carolinians to recognize the importance of good nutrition to the optimal health and well-being of the people of the Palmetto State.



A handwritten signature in cursive script, reading "Nikki R. Haley".

NIKKI R. HALEY
GOVERNOR
STATE OF SOUTH CAROLINA