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Subject: Reducing Hospital Readmissions

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NEWS YOU CAN USE

BY COMFORT KEEPERS®

In-Home Care Can Help Reduce Readmission

With hospitals facing Medicare penalties for high rates of readmissions for specific diseases, doctors and other medical personnel are seeking ways to reduce the chance that seniors land back in the hospital after an initial stay. Nearly one-fifth of all Medicare patients in the United States who are discharged from the hospital end up returning to the hospital within 30 days. There are many reasons seniors may need to be readmitted to the hospital, but those that have garnered the greatest interest are preventable causes. [Read more...](#)

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Fast Facts

When congenitally blind people are taught to draw shapes from memory, the visual area of the brain, which is normally inactive, shows a dramatic increase in activity, demonstrating that art can increase the brain's plasticity.

Some researchers believe that simply feeling older may not affect a person's wellbeing. Rather, they hypothesize that it is only when that person applies negative stereotypes and attitudes toward aging that the person's overall wellbeing is negatively affected.

Many hospital readmissions can be avoided if patients, families, caregivers, and hospital staff prepare for the patient's day of discharge well in advance.

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