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Subject: Ready to feel excited about your work again?

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The Empowered Advocate course will help advocates refocus on the core functions of our work and discover innovative new ways to respond to survivors.

Our weekly discussions and tools will help advocates overcome (or avoid) burnout and become inspired and empowered again. It will also help agencies create a healthier, more motivated environment – to ultimately move your agency – and the work – forward.

The course includes weekly live webinars, scheduled to meet the needs of your staff, plus recordings for those who are not able to attend.

Each week will also include customized handouts and tools. The six-week course includes the following topics:

- Core principles of advocacy – and why they're important
- New VAWA requirements and anti-discrimination policies
- Innovative tools to transform the way we respond to survivors
- Truly understanding trauma – survivors' and our own
- The power of empathy and connection
- Overcoming vicarious trauma and avoiding burnout
- Staying inspired – and moving the work forward

I have worked in this field for over 14 years – leading a statewide coalition, serving survivors directly, and now speaking to professionals

nationwide about sexual and domestic violence. But, what I am most passionate about is helping advocates – the front line warriors in this work – feel empowered. People have called me “the advocate’s advocate,” because I love to help advocates feel passionate and excited about their work.

One advocate who recently attended an event said that the training “reminded me why I got in this work in the first place.” And a sexual assault program director said the training “made a tremendous difference in my staff. I can see the light in their eyes again. And they’re more motivated than ever before. In fact, so am I.”

Are you ready to feel inspired by your work again? Are you ready to transform your organization into a healthier, more empowered place? If so, please join me for this six-week inspirational course. You will be happy you did!

For a limited time, the six-week course is being offered for only \$39 per person or \$199 per organization. **Reserve your space** today!

REGISTER NOW!

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