

From: [AgingCare Newsletter <newsletter@agingcare.com>](#)
To: [Kester, Tonykester@aging.sc.gov](#)
Date: 9/16/2015 9:01:37 AM
Subject: VA benefits for veterans and their caregivers; 10 signs of caregiver stress

Answers And Emotional Support While Caring For An Elder

NEWS AND ARTICLES »

[10 Signs of Caregiver Stress](#)

Did you know those experiencing caregiving-related stress have a 63% higher mortality rate than non-caregivers of the same age? See if you have any of these symptoms. [More »](#)

[Hospitalization and the Dementia Patient](#)

Taking a dementia patient out of their home environment is one thing...but what about when you take them to the hospital? See how Marlis handles this situation. [More »](#)

[VA Benefits for Veterans and Their Caregivers](#)

Veterans benefits can be confusing to apply for and receive, but they can be extremely helpful to your loved one and yourself. Get a head start here. [More »](#)

[Physical Therapy and Rehabilitation for Alzheimer's and Dementia](#)

Can someone benefit from rehabilitation when they don't even recognize members of their own family? Learn how certain kinds of therapy can help your loved one. [More »](#)

[Alzheimer's To Go: Checklist to Make Outings Easier](#)

Going shopping? Out to eat? To the doctor's? If you're taking a loved one who has Alzheimer's with you, be sure to have these items handy.

[Click here to get your Alzheimer's To Go Checklist](#)

COMMUNITY QUESTIONS AND ANSWERS »

[Q: How to answer my Father's question 'do you call this LIVING?'](#)

Dad is 88 and contemplating the next step which eventually will be moving out of his home of 50 years (he is by himself) to another place.

[Q: How do I deal with siblings that don't visit?](#)

I am the youngest of 4. The two oldest siblings have not visited our mother in years and years since they no longer need her to babysit their children. One never

[Q: Are caregivers covered by HIPPA or other privacy laws?](#)

I am the youngest of 4. The two oldest siblings have not visited our mother in years and years since they no longer need her to babysit their children. One never...

[Q: Is it awful of me that I don't want to phone Mom every day?](#)

Mom has always been an impatient, demanding woman and has become worse in the past couple of years. She has started to get more confused and doing some...

Is your loved one at risk for a fall or medical emergency?

Don't wait for an emergency—identify their risk and be matched with the best product for their lifestyle. [Click here to take the Medical Guardian Risk Assessment now!](#) Or, call (800) 391-3346 .

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

Protect Your Independence

Long Term Care Insurance can protect you from having to rely on a loved one for care. Take the next step toward your security. [Get your free quote >](#)

Determine if Your Loved One is at Risk

Don't wait for an emergency! Identify your loved one's risk of experiencing a fall or medical emergency. Make the decision that provides confidence and safety. [Take the risk assessment now >](#)

Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

How to Choose the Right Senior Living Option

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation. [Start the conversation today >](#)

Get Complimentary Caregiving Guides

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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AgingCare.com | 9015 Strada Stell Court, Suite 203 | Naples, FL 34109