

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
Date: 9/16/2015 9:01:37 AM  
Subject: VA benefits for veterans and their caregivers; 10 signs of caregiver stress

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## *Answers And Emotional Support While Caring For An Elder*

### NEWS AND ARTICLES »

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#### [10 Signs of Caregiver Stress](#)

Did you know those experiencing caregiving-related stress have a 63% higher mortality rate than non-caregivers of the same age? See if you have any of these symptoms. [More »](#)

#### [Hospitalization and the Dementia Patient](#)

Taking a dementia patient out of their home environment is one thing...but what about when you take them to the hospital? See how Marlis handles this situation. [More »](#)

#### [VA Benefits for Veterans and Their Caregivers](#)

Veterans benefits can be confusing to apply for and receive, but they can be extremely helpful to your loved one and yourself. Get a head start here. [More »](#)

#### [Physical Therapy and Rehabilitation for Alzheimer's and Dementia](#)

Can someone benefit from rehabilitation when they don't even recognize members of their own family? Learn how certain kinds of therapy can help your loved one. [More »](#)

#### [Alzheimer's To Go: Checklist to Make Outings Easier](#)

Going shopping? Out to eat? To the doctor's? If you're taking a loved one who has Alzheimer's with you, be sure to have these items handy.

[Click here to get your Alzheimer's To Go Checklist](#)

### COMMUNITY QUESTIONS AND ANSWERS »

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#### [Q: How to answer my Father's question 'do you call this LIVING?'](#)

Dad is 88 and contemplating the next step which eventually will be moving out of his home of 50 years (he is by himself) to another place.

#### [Q: How do I deal with siblings that don't visit?](#)

I am the youngest of 4. The two oldest siblings have not visited our mother in years and years since they no longer need her to babysit their children. One never

#### [Q: Are caregivers covered by HIPPA or other privacy laws?](#)

I am the youngest of 4. The two oldest siblings have not visited our mother in years and years since they no longer need her to babysit their children. One never...

#### [Q: Is it awful of me that I don't want to phone Mom every day?](#)

Mom has always been an impatient, demanding woman and has become worse in the past couple of years. She has started to get more confused and doing some...

### Is your loved one at risk for a fall or medical emergency?

Don't wait for an emergency—identify their risk and be matched with the best product for their lifestyle. [Click here to take the Medical Guardian Risk Assessment now!](#) Or, call (800) 391-3346 .

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### Protect Your Independence

Long Term Care Insurance can protect you from having to rely on a loved one for care. Take the next step toward your security. [Get your free quote >](#)

### Determine if Your Loved One is at Risk

Don't wait for an emergency! Identify your loved one's risk of experiencing a fall or medical emergency. Make the decision that provides confidence and safety. [Take the risk assessment now >](#)

### Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

### How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

### What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

### How to Choose the Right Senior Living Option

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation. [Start the conversation today >](#)

### Get Complimentary Caregiving Guides

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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