

State of South Carolina
Proclamation
by
Governor Jim Hodges

WHEREAS, South Carolina suffers from one of the highest heart disease rates in the nation and has been a leader in the development of cardiac rehabilitation certification programs; and

WHEREAS, cardiac rehabilitation programs begin with hospital visits to evaluate the patient and continue with supervised exercise in group settings with the added benefit of psychological support by staff and fellow participants; and

WHEREAS, cardiac rehabilitation program professionals assist their clients in the development and adoption of heart healthy lifestyles through exercise, education, and modification of habits conducive to heart disease; and

WHEREAS, there are currently 44 cardiac rehabilitation programs in 32 counties throughout the state, staffed by workers dedicated to the common goal of helping their patients return to functional lives following a cardiac event.

NOW, THEREFORE, I, Jim Hodges, Governor of the Great State of South Carolina, do hereby proclaim February 4 - 10, 2001, as

CARDIAC REHABILITATION WEEK

throughout the state and encourage all South Carolinians to learn more about the importance of cardiac rehabilitation programs and professionals to the recovery and future well-being of our citizens affected by heart disease.



Jim Hodges

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Governor
State of South Carolina