

From: Mike Davis

Sent: 3/10/2015 1:05:11 PM

To: Randy Ross; Randy Roth; Tom Wachtl; Tim Jarman; Nick Gismondi; Laurie Venzon; Bob Casey; Bob Beaudine; Keith Almond; Sid Greehey; PETER LEDOUX; Dan Kubinski; John Miner; Lars Keeley; James Lloyd; Bill Winfrey; Blake Haynie; Mark Davis; Mark Mcknight; Brendan Donohue; mo donohue; Tim Donohue; Brian Donohue; Joe Aiken; Tom Knotts; Ben Davis; Amelia P. Lewis; Julie Hammersly; Matthew Hammersley; Bill Mahoney; Stephen K. Benjamin; Carl Blackstone; Conner, Ron; Ron Conner; Singleton, Delbert; Haley, Nikki; Governor Hodges; Charles Korbell; Bill. Micale@Skywaygroup. Aero; corkyc@gvtc.com; Sonja Harris

Cc:

Subject: Re: DarrenDaily: Be This Person

Should have said, Love them all....but the challenging ones are meant to be challenging....

On Tue, Mar 10, 2015 at 1:03 PM, Mike Davis <mikecdavis@results110.com> wrote:

Greetings,

Ever heard of Darren? I read his book "The Compound Effect" and have emailed him directly some since a mutual colleague introduced us via Internet.

Thought I should share with you and others...I enjoy some and am challenged a lot by his short mentoring tips....

Cheers.

Mike

<<http://DarrenDaily.us8.list-manage1.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=4566ba92d2&e=56bcac7036>>

<http://www.darrendaily.com/wp-content/uploads/2015/03/9nDk1H6Orehtwj4HdOcN-2Htf7N79Hpg1xiU5W-Jgg.jpg>

Karl Pillemer <http://DarrenDaily.us8.list-manage2.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=40859fe08f&e=56bcac7036>, a professor at Cornell University, interviewed more than a thousand older Americans from different economic, educational, and occupational backgrounds and asked them to share the most valuable lessons they'd learned.

Overwhelmingly, the focus wasn't on what they did, **but what they didn't do.**

Of a thousand people in the later stages of life, what dominated their advice on the lessons of life was **regret.**

One man in his late eighties was asked:

"If you could come back and live the life of anyone, who would you want to come back as?"

His answer:

"I would want to come back as the man I could have been, but never was."

He went on to say,

"This time I'd act with more courage.

I wouldn't allow my fear to turn me away from opportunities I didn't take.

I'd risk more; I'd take the chances I wish I had.

I'd allow myself to fail more, love more, and laugh more.

This time I'd be sure to live more."

Wow.

Don't wait until you're eighty and filled with regret.

Be the person you "could have been" **now.**

Action for today:

Grab a pen and piece of paper.

Now, imagine that you are the hero or heroine of the [movie](http://DarrenDaily.us8.list-manage.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=45f82a59ca&e=56bcac7036)

<http://DarrenDaily.us8.list-manage.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=45f82a59ca&e=56bcac7036> that is your life.

What characteristics or traits would that person embody?

Would your hero or heroine be...

-Brave?

-Passionate?

-the one that shines the brightest in a room of people?

- the leader of the pack?
- an inventor of great ideas?
- the most loving parent a child can conceive of?
- a compassionate humanitarian?
- a bold risk taker?

Whatever you desire for your hero, write it down.

Then, start becoming that person now.

[Camera's rolling <http://DarrenDaily.us8.list-manage2.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=70dc43559b&e=56bcac7036>..](http://DarrenDaily.us8.list-manage2.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=70dc43559b&e=56bcac7036)

Your Daily Mentor,
-Darren

Craving more? Grab a copy of my newest book, *The Entrepreneur Roller Coaster*, [HERE <http://DarrenDaily.us8.list-manage1.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=86a60e6f4c&e=56bcac7036>.](http://DarrenDaily.us8.list-manage1.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=86a60e6f4c&e=56bcac7036)

P.S. What traits did you write on your list? Share in the [comments <http://DarrenDaily.us8.list-manage.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=9a3b2cfced&e=56bcac7036>](http://DarrenDaily.us8.list-manage.com/track/click?u=34cfc4cb41be4ea71cf45dcef&id=9a3b2cfced&e=56bcac7036) below!

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