

From: listmgr@bounces.enflyer.emsvc.net <listmgr@bounces.enflyer.emsvc.net>
To: Kester, Tonykester@aging.sc.gov
Date: 3/10/2016 9:54:58 AM
Subject: Spotlighting: Southport, Lake City, Greenville. Blue Ridge Mountains, Camden

March 10, 2016

Below: movie set coastal village, reclaimed and revered, ah sweet flowers, the Southeast's best, retreat for fun, be a swinger, hug a tree.

[Forward this email to a friend!](#) [View Compass eNews in your Web browser.](#)

Take a Road Trip to Southport, NC

The friendly volunteer at the [Fort Johnson-Southport Museum & Visitor Center](#) described Southport perfectly: "This town reminds me of a New England fishing village that has been transplanted to the scenery of the South."

Sounds like an ideal destination for a 36-hour vacation. You'll want to arrive early and stay late – there's that much to do, in a low-key way, of course. For Nicholas Sparks fans, his most recent movie, *Safe Haven*, was filmed in Southport. For the residents and second home owners, it seems very normal to live and play in a town that looks like a perfect Southern movie set.

Begin your adventure with a room in one of Southport's charming B&Bs.

[More.](#)

Photo: Southport-Bald Head Island Ferry Boat docking at landing near homes and marina in harbor at dusk. VisitNC.com

Where in the Carolina World Are You?

What started as a rather nondescript mill village has spent considerable effort to transform itself into one of South Carolina's favorite towns.

The natural resource which flowed through downtown was ignored and run down until the town realized what it had and brought it back to life. Walk in an inviting urban oasis. Dine *al fresco*. Enjoy top-flight entertainment. **Where are you?**

Carolina Homegrown

Cornelian cherry dogwood

Written by Bob Polonski, Ph.D.

Cornelian cherry dogwood (*Cornus mas*) is a deciduous shrub to small tree that happens to be related to a very famous native American cousin--flowering dogwood, which is the state flower of Missouri, North Carolina, and Virginia. As a result, this native of southern Europe and Asia is often under-appreciated and wallows in obscurity.

However, once you've seen this beautiful specimen, as I have in a variety of places that include the SC Botanical Garden in Clemson, Spartanburg Community College and NC State University campuses, and the Phipps Conservatory and Botanical Garden in Pittsburgh, you'll wonder why Cornelian-cherry dogwood hasn't enjoyed more widespread use.

Cornelian cherry dogwood blooms for at least 3 weeks in very early in March when little else is in bloom. The golden yellow flowers give rise to sour fire engine red fruit in June and July, which are relished

by birds but can only be appreciated by us when prepared in syrups and preserves. Although Cornelian cherry dogwood has a shrubby disposition, it will grow 20 to 25 ft. tall and 15 to 20 ft. wide with a rounded crown. I prefer to remove the lower limbs to showcase its attractive mottled gray and tan platy bark.

Cornelian cherry dogwood has no serious pest problems, tolerates most soil types, and is suited for full sun to part shade. It can be used as a hedge, screen, in a shrub border, or in a foundation planting. A few cultivars are available, notably 'Spring Glow' (*pictured*), a seedling selected by the late JC Raulston, former professor and director of the NC State University Arboretum. Spring Glow has larger, showier flowers than the species and blooms earlier than the species in late February.

Unlike flowering dogwood, expect little, if any, appreciable fall color from Cornelian cherry. Because it blooms earlier than flowering dogwood—even forsythia—and is endowed with ornamental and edible features, Cornelian cherry dogwood is my gotta-grow tree.

*Learn more about Carolina gardening from Dr. Polomski's new book, **Carolinas Month by Month Gardening**. Available wherever books are sold.*

Photo Credit: Bob Polomski, Ph.D.

Artfields

A Few More Weeks

Hello Tony,

Hope all's well in Columbia. Here, trees are blooming. We're in docksiders, planning garden projects and summer escapes.

Add some fresh adventures to your life! Let a Carolina adventure nurture your soul. To get preferred dates, it's time to plan spring/summer vacation tours.

Read on ... about restaurants, inns, special events, garden delights and a few quirky ideas to amuse and intrigue, including one fabulous art festival.

We're all looking for good times and happy to see the hustle and bustle of

The South's Most Engaging Art Festival and Competition

Lake City, SC | April 22-30, 2016

It's a festival which showcases more than 400 masterpieces by artists from the 12 Southeastern states. Accepted artists are invited to exhibit their work in one of the historic downtown Lake City venues. \$110,000 is awarded to those deemed best, by judges and popular vote.

It is a good time in a small town which rolls out its red carpet and dusts off its pedigreed venues to showcase these works of art. A mutual celebration of art and community.

About 80 miles from Columbia, 60 miles from Myrtle Beach, and easy access from I-95.

an ever-strengthening economy. All across the Carolinas you'll find jobs, low taxes and great home prices. Click to: [Retirement Living & Real Estate Tips](#).

Use the 350 pages at [CarolinaLiving.com](#) as your resource for Carolina facts 'n fun that leading stories 'n memories!

Leyla & Patrick Mason

Co-Founders

Center For Carolina

Living *Showcasing Carolina Life & Adventures*

[Forward this email to a friend.](#)

PS: Tony, what tickles your vacation fantasy? Blue Ridge waterfalls, sunrise beach walks, breathtaking golf, cruising the lake, or shopping for that perfect something? Share your vacation questions, favorite restaurants, best parks and entertainment venues with our editor, Kathy Pettit. We'll pass along your experiences!

Easy Hike – Grand Reward

**Joyce Kilmer Memorial Forest,
Graham County, NC**

"I think that I shall never see
A poem lovely as a tree"

www.artfieldsse.org

Blue Ridge Outdoor Adventure Weekend

Blue Ridge Mountains | April 28 - May 1, 2016

Join Discovery Place for a weekend of outdoor exploration and relaxation in style. At an elevation of 3,300 feet, Wildacres is a beautiful conference center and retreat with the backdrop of the Blue Ridge Mountains.

Renowned naturalists and outdoor professionals will lead classes and workshops, hikes and explorations, demonstrating the skills, knowledge and experience you need to make the most of your time in the mountains.

*Wildacres Weekend
Getaway includes:*

- Workshops on basic wilderness survival, field sketching, nighttime pollinators, native animal species and edible wild plants
- Up-close and personal encounters with owls from Grandfather Mountain
- A tour of the Armstrong Creek Fish Hatchery
- Night hikes, star gazing and sunrise bird walks
- Campfire storytelling and s'mores
- Special programs on spiders, insects and other creepy crawlies – just for kids
- Guest speakers, yoga, trail hikes and more!

All-Inclusive Rates: \$299 per adult (age 13 and older); \$149 per child (ages 2-13); Children under age 2 - FREE

Special Offer: Buy 3, Get One Free (adult registrations only)

Call 704.372.6261 x505 to take advantage of this exclusive discount!

www.discoveryplace.org

Discovery Place, Inc. is a private 501c(3) not-for-profit education organization dedicated to inspiring exploration of the natural and social world through extraordinary exhibitions and educational programs that inform, challenge and engage audiences of all ages. Charlotte, N.C., Discovery Place offers a family-friendly experience surrounded by the excitement of a bustling urban community.

Find the rest of [Joyce Kilmer's much-beloved poem](#).

The only way to see the impressive memorial forest is on foot. The figure-eight Joyce Kilmer National Recreation Trail covers 2 miles and has two loops: the 1-1/4-mile lower loop passes the Joyce Kilmer Memorial plaque, and the upper 3/4-mile loop swings through Poplar Cove, a grove of the largest trees. There are facilities, but no camping or overnight parking is allowed.

The park is named after Joyce Kilmer, who was killed in action during World War I. Although Kilmer was both a soldier and a poet, he is most remembered for his poetry about common, beautiful things in nature. Kilmer's best known poem is "Trees."

828.479.6431
www.grahamcountytravel.com

Photo: www.GrahamCountyTravel.com

The New Guide is here!

[Click here](#) for the official hold-in-your-hand Guide to Carolina lifestyle fun and adventure trips, plus real estate tips, tax & cost-of-living advantages, retirement opportunities and town profiles. Just share your dream goals and we'll help lead you to smart Carolina life and times.

We hear it over and over.

Folks visit (and move) to the Carolinas for the four-season climate and the ability to be outdoors most of the year.

How do you get your thrills? Biking? Birdwatching? Hang gliding or Parasailing? What about zip lines? No thanks – no problem.

Get your jollies from a slow day fishing beside a mountain stream, or waiting for the perfect outdoor nature image to come into view.

Read, Nap, Dream, Refresh

The Original Pawleys Island Rope Hammock

"A well-crafted rope hammock is a net for your body with holes just wide enough for your worries to fall through."

Every old southern beach house had one. The first one to claim it in the afternoon could be guaranteed a perfect hour or two in this most gentle of swinging beds. Most of us never knew that it was fashion by Captain Joshua John, a South Carolina riverboat captain in search of a perfect sleep out on the water during summer nights

One hundred+ years later, it's still widely sought after. Why? Because it works as it has for generations.

Discover more about this [Lowcountry tradition](#).

Want to learn more about [Pawleys Island](#)? It's been a seaside community for generations, where all ages have gathered to let down and enjoy the ocean breezes, sultry nights and fabulous seafood (and in its day, a pavilion that was *the* destination for dancing).

Carolina Cuisine

Oh what a beautiful Breakfast

See how we do it, at carolinaliving.com/outdoor-thrills

Facebook

Spring is here (almost)

In the Carolinas, that means tender Asparagus spears, plump, juicy strawberries, and microgreens. What tells your tastebuds Spring has arrived?

Please share with us on [Facebook](#).

Heading your way

A beautifully set breakfast/brunch table is perfect for entertaining guests, hosting a business meeting, introducing students to the art of dining, celebrating a special occasion or just to enjoy!

At your next fete, include these scrumptious [poached pears](#) with creamed stuffing, courtesy Bloomsbury Inn, in Camden, SC. Rather try them at the source?

We couldn't agree more.

Bloomsbury is ranked in the top 20 inns/bed (ranked # 12) and breakfasts of an estimated 17,000 in the United States. *Trip Advisor* has recognized Bloomsbury as one of the best in their 12th Annual Global Awards.

www.bloomsburyinn.com

- **Let's Take a Road Trip!**
- **Carolina Famous Faces**
- **Insider Attractions**
- [eNewsletter Archives](#)

www.carolinaliving.com phone 803.782.7466
4201 Blossom Street Columbia, SC 29205-2850

Compiled by Katherine O. Pettit • Designed by Ann Dolin

[Order a Free Guide](#) | [eNewsletter Archives](#) | [Forward this email](#)

Advertising Information

As a leader with an interest in Carolina product and service offerings, Tony Kester is receiving this [COMPASS eNews](#) along with others at Office on Aging as a demonstration of how the CarolinaLiving.com team showcases destinations, lifestyle and investment opportunities to 25,000 families (2X) monthly. The high impact content generates a 26% average open rate and serves advertisers with brand credibility and low cost click-thrus. Confirm your interest in viewing the COMPASS eNews, by adding info@carolinaliving.com to your address book. 022516B2C

To unsubscribe click the SafeUnsubscribe option below.

[View Compass eNews in your Web browser.](#)

This email was sent to Kester@aging.sc.gov by CarolinaLiving.com
CarolinaLiving.com, 4201 Blossom St Columbia, SC 29205

[Unsubscribe](#) | [Update Profile](#) | [Sender Info](#) | [Report Abuse](#) | [Forward](#)

EnFlyer The Email Marketing Experts