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Caregiving on the Go • April 18, 2017 • Issue #1009

Today's Caregiver Friendly Award Previous Winners

Dementia Care for America's Heroes

Partnerships for Health produced the caregiver training video

Many families and caregiver teams are dealing with dementia for a decade or longer. No stage of the disease is easy, but when families and professionals understand the progression of dementia, and redesign plans as the person's needs change, they can continue to provide the right care at the right time. Heather McKay and 5 families share stories with specific coping strategies to help at every stage, making this film truly family-centered care. [...more](#)

[2017 Call for Entries](#) | [Visit the Winners Gallery](#)

IN THIS ISSUE

Today's Caregiver Friendly
Featured Award Winner:
Dementia Care for America's
Heroes

Clinical Trials Demystified

Caregiving on the Go

**How to Cook for a Loved
One with Dysphagia**

CareNotes

FEATURED ARTICLE

Clinical Trials Demystified

By Michael Plontz

It seems that every time you turn on the television or open a magazine these days there is a new drug being touted as the new miracle cure-all. This is especially true of allergy and heartburn medications. How do scientists and researchers know what works and what does not work? Potential new drugs are first thoroughly evaluated in the laboratory with computer models. After this phase of testing is completed, additional research is then performed on laboratory. [...more](#)

GUEST ARTICLE

Caregiving on the Go

By Melissa Jirovec

Once my husband was discharged from hospital, I was incredibly determined for us to live normal lives as much as possible. My husband is a traumatic brain injury survivor and has mobility issues, balance and coordination issues, swallowing and speech impairments, cognitive impairments, and fatigue is often a challenge for him. Once he was strong enough to handle significant travel, we decided we would take our honeymoon in Australia, where we'd always dreamed of visiting. It meant a lot of flight time, which went better than expected as we headed out. The staff at the airports were helpful, thank goodness, as I had him in his wheelchair, both our bags, and his walker to maneuver around. The flights went well and my husband was able to rest, which was good. After 22 hours of flight, we arrived in Australia. I think we were both just so incredibly excited that we didn't feel too tired. I was pretty surprised that my husband was able to function as well as he did. [...more](#)

CARETIPS

How to Cook for a Loved One with Dysphagia

By Erin Embry MPA/MS CCC-SLP

The simple act of eating is anything but for those who experience dysphagia, the medical term for difficulties swallowing or eating. Millions of Americans have the condition, especially aging adults: The U.S. Department of Health suggests that about 15% of the elderly population experiences some form of dysphagia. And for those who care for elderly adults, it may be difficult to find equally nutritious and appetizing food that can be consumed. [...more](#)

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CARENOTES

From Joyce in Ohio:

I'm an aide and my client has MS and is bed ridden. She is on the verge of losing everything trying to pay for the 24 hour care she needs. She has no family help and she does not want to go to a facility. She is being told she has to sell her house. is there any insurance out there that can be bought or anything that can help? Do you have any insight on a situation like this? [...more](#)

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