

From: White House Conference on Aging <info@subscriptions.whaging.gov>
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Subject: Webcast: Step It Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities

September 8, 2015

Webcast: Step It Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities

Wednesday, September 9, 2015 - 10:00 AM ET

Walking is an easy way to start and maintain a physically active lifestyle. The Surgeon General aims to increase walking across the nation by calling for access to safe and convenient places to walk and wheelchair roll.

Please join the Office of the Surgeon General via live webcast for the launch of this important Call to Action that will offer strategies for increasing walking and walkable communities for people of all ages and abilities.

[Watch the event live.](#)

A recording will be available after the event at www.surgeongeneral.gov.

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