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Date: 8/17/2015 1:51:25 PM

Subject: Embraced Maturity Newsletter August 2015

Attachments: [Embrace Maturity August 2015.pdf](#)

Dear Friends of Vital Aging:

Please note attached copy of the August 2015 issue of Embraced Maturity. Highlights this month include:

- Wellness Center Seniors Field Trip
- Things You Can Do to Help A Senior
- Dinner and Silent Auction Honoring Coach John McKissick
- Honoring Fathers
- SC Legal Aide Address Seniors
- Wellness Center Crafts
- Hemingway Wii Bowling
- Jeannie Scott Honored
- A Great Day in Greeleyville

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