



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pay NO Joining Fee!

A HEALTHIER STATEHOUSE

When you join the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen our community.

With six locations around the Midlands, state-of-the-art strength and cardio equipment, and wellness coaches to help along the way, activate a healthier lifestyle today at the Y.

Special Membership Rates

Individual: \$43.35/month

Family: \$64.60/month

*YMCA of Columbia is proud to subsidize 15% of monthly membership dues and waive the joining fee.

FREE Group Exercise Classes

February 7 – May 31

BOOTCAMP Wednesdays @ 5:15 p.m.
Gervais Street Stairs

Yoga Thursdays @ 7:15 a.m.
Pendleton Street Stairs

*No Membership Required. Weather Permitting.



Six locations across the Midlands:

BALLENTINE FAMILY YMCA
1079 Dutch Fork Rd.
Irmo SC 29063
803.753.6004

DOWNTOWN YMCA
1447 Hampton St.
Columbia SC 29201
803.799.9187

JEEP ROGERS FAMILY YMCA
900 Lake Carolina Dr.
Columbia SC 29229
803.451.8439

LEXINGTON FAMILY YMCA
401 YMCA Road
Lexington, SC 29073
803.359.3376

NORTHWEST FAMILY YMCA
1501 Kennerly Road
Irmo, SC 29063
803.407.8007

ORANGEBURG COUNTY YMCA
2550 St. Mathews Rd.
Orangeburg, SC 29118
803.268.9622

YMCA OF COLUMBIA

columbiaymca.org