

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** 10 signs of caregiver stress; Driving and dementia

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### [Preparing for the Medicare Open Enrollment Period](#)

The annual enrollment period begins in one month! Be sure to run the numbers and assess your loved one's health in advance to make an informed decision that will save you time and money. [Read More »](#)

#### [Adult Day Care for People With Alzheimer's Disease or Dementia](#)

Day services are one of the best sources of respite, but many dementia caregivers hesitate to utilize this resource. See how these specialized centers can help stimulate dementia patients and provide their family members with a much-needed break. [Read More »](#)

#### [10 Signs of Caregiver Stress](#)

Did you know that those who experience caregiving-related stress have a 63% higher mortality rate? Take this important step to recognize the warning signs and find ways to deal with stress. [Read More »](#)

#### [Driving and Dementia](#)

Monitoring a loved one's driving is a constant struggle for many caregiving families, but when dementia is added to the mix, the issue becomes much more complex. One of our bloggers weighs in on this contentious topic. [Read More »](#)

### The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today (800) 951-7993. Operators available 24/7.

[Learn more →](#)

### Questions and Discussions From Caregivers

#### [Q: My mom doesn't want me anywhere near her. What can I do?](#)

She told the nurse when she was admitted that she had no idea who I was and wanted me out of her sight.

#### [Q: How do we keep our relationship safe while my mother-in-law lives with us?](#)

I feel selfish sometimes for resenting her and my husband, but I can't help it.

**Q: Should I continue encouraging my husband to see his father?**

I encourage my husband to go and see his Dad sooner than later as we don't know the outcome of this situation.

**Q: My Mom has UTI and now sepsis, can this be fatal?**

The doctor at the hospital came to speak with me and said my mom has a blood infection and "it's the bad kind".

## You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Find, Hire and Manage Home Care](#)

Get connected and speak with home care agencies. They will work with you to create a care plan and find the right caregiver for your loved one.

### [Get Your Complimentary Caregiving Guides Now](#)

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