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When Your Loved One is in ICU • April 19, 2016 • Issue #909

EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Kerri Kasem

Kerri Kasem, a multimedia personality, producer and writer, has anchored music, talk and entertainment programs for radio and television.

Gary Barg: What are the goals and mission of Kasem Cares Foundation?

Kerri Kasem: Our main goal was to get the visitation bill passed into law in different states to get adult children and loving members of the family the rights to visit ailing loved ones. There's so much guardianship and caretaker abuse in this country and it's been a silent epidemic for so long. Unfortunately, the only time you ever hear about it is when it's the Kasem family or the Campbell family or the King family. Right now, I know of Randy Meisner from the Eagles. His daughter, Heather, is also going through this. [...more](#)

IN THIS ISSUE

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FEATURED ARTICLE

5 Things You Need to Know When Your Loved One is in ICU

By Susan Montminy, MSN, RN and Meredith Dodge, MSN, RN

It is the middle of the night and the phone rings. Your family member has been in a car accident and is rushed to the hospital. He is currently in the intensive care unit (ICU). You race to the hospital and are met by the intensive care doctor. All you hear is “critical, unstable, and surgery.” Later, as you sit out in the waiting room, you wonder, What can I do to help my loved one through this? ...[more](#)

GUEST ARTICLE

Protecting Seniors from Work-at-Home Schemes

By Janet Crozier

“Work minutes a day at home and earn enough to pay all of your bills.”

“Work part-time in your own home and make \$500 to \$1,000 your first month! It couldn’t be any easier!”

Con artists pitching work-at-home schemes rake in over \$400 billion dollars a year by exploiting people, especially seniors on fixed incomes. They use appealing but unrealistic come-ons to lure unsuspecting seniors into parting with their hard-earned retirement money in the hopes of hitting it big financially. Work-at-home schemes rarely include information such as what the business is, what its product might be, how new owners would contact possible customers, or what the total costs might be. ...[more](#)

CARETIPS

Helping Children Understand Alzheimer's

By Janet Crozier

Food, eating, and mealtimes are important parts of life. Food gives us life-sustaining nourishment and contributes to good health, eating satisfies our hunger and stimulates our senses, and mealtimes can be important sharing and social times with family and friends. Many of our favorite experiences and memories—preparing and sharing holiday dinners with family members, celebrating birthdays and other life events with special meals, and getting together with friends for lunch or dinner—involve eating and food. [...more](#)

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CARENOTES

From Janice in Montgomery, IL:

I am a CNA/caregiver and I live with my husband. I have the opportunity to provide care for a gentleman that is 69. He is in the mid stages of Dementia.

He lives with his wife in their home. He has a hard time communicating, he gets very frustrated when trying to follow directions. He sometimes gets bored also.

As a caregiver, I am trying to figure out what I can do to help him. I know that people living with dementia do not like a lot of choices as too many confuses them and they tend to shut down. [...more](#)

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