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**Appointments You Must Keep** • September 20, 2016 • Issue #949

## **Fearless Caregiver Profile**

*Join us as we celebrate Fearless Caregivers sharing personal stories as we care for our loved ones. Read this week's Fearless Caregiver Profile and feel free to add your profile as well, so we can learn from and share with our fellow caregivers.*

## **BOBBI CARDUCCI**

### **How did you become the caregiver for your loved one?**

I became the caregiver for my father-in-law upon the death of my mother-in-law.

### **What is the hardest thing about being a caregiver and the most rewarding thing?**

The hardest thing was never knowing what to expect and feeling I was not doing enough. The most rewarding thing was knowing he had many more good days then he would have had if I had not been his caregiver. ...[more](#)

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#### FEATURED ARTICLE

## Careful in the Kitchen

*By Jennifer Bradley, Staff Writer*

The best place to be as a child was in Grandma's kitchen, especially when she's taking a fresh tray of cookies out of the oven. Sneaking a bite of cookie dough was a must for any youngster. Grandma may have thought nothing of it then, but today, the risks of eating raw eggs are well known. For seniors, these stakes are even higher. A caregiver may be today's gateway to good health for their loved one, starting at the basic knowledge of food safety....[more](#)

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#### GUEST ARTICLE

## My Mother's Keeper: The Eye Doctor Appointment

*By Beverly Bernstein Joie, MS, CMC*

For the past several years, my step-sister had been taking my mom to see the ophthalmologist. They had their routine; Cindy would drop her off for the appointment and then pick her up after it. Then, last spring, Mom called to ask if I could step in because Cindy was unavailable to help her. I was actually pleased that I would have the opportunity to see what the doctor had to say. ...[more](#)

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## CARETIPS

# Tips for Managing Incontinence with Frontotemporal Dementia

*By Geri Hall, PhD, ARNP, GCNS-BC, FAAN*

Always make sure the doctor does an evaluation to rule out infections, tumors, etc. for both urinary or bowel incontinence.

If the patient is still early in the disease, there are two frontotemporal dementia-specific issues:

Many people with this condition have bowel and bladder accidents when over stimulated, such as at a shopping center. I would use this as an indicator of how much stimulus the individual can manage and try to avoid crowds, loud places, etc. [...more](#)

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## CARENOTES

### From Lee in Florida:

I'm looking for advice on how to communicate with a 68 year old man. He has memory problems as well as hearing problems. We fight over stupid things do to his hearing or understanding of a conversation. I love him and he loves me, but he's angry most of the time. Any advice would be lifesaving. [...more](#)

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