

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Glaucoma can steal 40% of vision; Health advantages of juicing

Answers And Emotional Support While Caring For An Elder

News And Articles »

[Benefits of Hiring a Home Care Companion for an Older Adult](#)

Many families have concerns about whether a loved one is able to live on their own safely. Discover the benefits and peace of mind that hiring home care can provide. [More »](#)

[Mum and the Rhubarb](#)

For caregivers, things rarely take place exactly as we planned them. See if this blogger's personal experience is similar to your own. [More »](#)

[How to Reap the Health Advantages of Juicing](#)

If you struggle to get your loved one to fit produce into their diet, juicing is a healthy and palatable alternative. See what things you should consider before investing the time and money. [More »](#)

[Glaucoma Can Steal 40% of Vision Before the Person Notices](#)

This group of eye diseases progresses slowly and causes gradual vision loss that can go unnoticed for many years. Find out if you might be at risk, and see how you can get tested. [More »](#)

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Community Questions And Answers »

[Q: I've heard if all children aren't mentioned in a will, they can contest it?](#)

My mother-in-law died recently and willed all to 1 of her 5 adult kids.

[Q: My Mother is afraid to sleep alone. What do I do?](#)

She's 94 years old.

[Q: Mom is feeling dizzy when she's walking. Any advice?](#)

Mom is dizzy and having a difficult time walking today. Could this be from a stroke?

[Q: My Mom is needing 24/7 care and we never really got along. I'm moving into her home. Any suggestions?](#)

I am caring for my mother, living at home and the primary ailment is Alzheimer's.

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