

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
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**Subject:** 5 qualities to look for in a home health aide; Charity checkup before you donate

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### 5 Qualities to Look for in a Home Health Aide

The traits needed to establish a bond with a caregiver run deeper than just experience and expertise. Include these attributes in your search to find the right match for your loved one. [Read More »](#)

#### The Blizzard and Me

The white out of the storm offered a rare moment of quiet clarity. I used this opportunity to reflect on and fully appreciate where I am these days. [Read More »](#)

#### Little-Known Winter Dangers For Elders

Winter SADness isn't always triggered by the dwindling glow of the holidays. Recognize the symptoms and find solutions to overcome Seasonal Affective Disorder. [Read More »](#)

#### Charity Checkup: Get the Scoop Before You Donate

Bells are ringing all over town as charities ramp up appeals for the holidays. Use these simple strategies to give confidently and maximize your charitable efforts this season. [Read More »](#)

### You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

### Questions and Discussions From Caregivers

#### Q: Mom has Alzheimer's and her house just sold. Should we take her to the closing?

My siblings have equal DPOA. Mom knows she can't stay, but she is sad to leave.

#### Q: Can I take legal action against my sister who refuses to provide care?

Dad has dementia and we both have POA, but I am solely responsible for his care.

#### Q: An elder's adult child has significantly changed her quality of life. What can we do?

She isn't being abused per se, but since her guardian changed, her family can no longer visit and she cannot call them.

**Q: Can I report my brother for putting a lock on Mom's refrigerator?**

She has dementia and I feel like what he is doing is cruel, but he tells me to mind my business.

## Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your Guide →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### [Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

### [Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

### [Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

### [What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

### [Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

### [Get Your Free Home Care Guide Now](#)

This resource will guide you through creating the ideal in-home care arrangement for your loved one.

### [Get Your Complimentary Caregiving Guides Now](#)

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