

# State of South Carolina

## Governor's Proclamation

**WHEREAS,** good nutrition and physical activity are key components of a healthy lifestyle; and

**WHEREAS,** the type, quality, and amount of food that individuals consume each day play a vital role in their overall health and physical fitness; and

**WHEREAS,** continuing nutrition education and wide-scale, population-based efforts help enhance healthy eating and physical activity practices for the residents of South Carolina; and

**WHEREAS,** the 2014 observance of Nutrition Month provides an opportunity for people across the state to join together in celebrating the importance of good nutrition.

**NOW, THEREFORE, I, Nikki R. Haley, Governor of the Great State of South Carolina, do hereby proclaim March 2014 as**

### NUTRITION MONTH

throughout the state and encourage all South Carolinians to recognize the importance of good nutrition to the optimal health and well-being of the people of the Palmetto State.



A handwritten signature in black ink, reading "Nikki R. Haley".

**NIKKI R. HALEY**  
**GOVERNOR**  
**STATE OF SOUTH CAROLINA**