

## SCDMH School-Based Services

### Program Outcomes

- Surveys have been conducted with School principals, staff and school district administrators, family members of the children and youth served through this program, and the children and youths themselves to determine the clinical effectiveness of the program. Highlights of the data gleaned from these surveys is as follows (all surveys reflect FY 2012 results).
- **96.4%** of school administrators surveyed (N=310) responded positively to the statement “Our students are improving as a result of receiving counseling in the SBMH Program”.
- **98.7%** of administrators (N=310) agreed with the statement “Would you recommend the program to other schools”.
- SBMH increases access to mental health services to those children and families in need that would not access services otherwise. According to parents surveyed, **96%** (N=432) reported that School-Based Mental Health Programs allowed for increased access to Mental Health services. School-Based Mental Health Programs also help to decrease the stigma associated with mental health. It also allows for greater access in the rural areas of the state, where transportation can be an issue for parents.
- **78%** of the parents (N=432) also reported an improvement with their child’s overall functioning, i.e.; behavior at home and school. This corresponds with **94%** of administrators reporting improved behaviors of students involved in School-Based Mental Health Services.
- **95%** of the parents (N=432) surveyed reported high levels of satisfaction with the quality of care and treatment received in the School-Based Mental Health Program.
- Surveys were also conducted of the children and youth served. **81%** of the students (N=494) strongly agreed or agreed that as a result of school-based services received, they are better at handling daily life, get along better with family members and other people, and are doing better in school.