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EDITOR'S PEN

Gary Barg, Editor-in-Chief

2015 Today's Caregiver Friendly™ Award Nominations

Celebrating Thirteen Years of Honoring Inventors, Designers, Tinkerers, Writers and Creators Working Tirelessly on Behalf of Family Caregivers.

What do caregiving organizers, bathroom fall prevention products, incontinence supplies, home safety products, long-term care facilities, caregiver books and media, caregiving resource centers, and medication management systems all have in common? These are descriptions of some of our Today's Caregiver™ Friendly Award winners from the past thirteen years. They also represent thousands of hours of loving labor by their producers and manufacturers, all working with one thought in common, "What can I do to help the life of the family caregiver become easier?"

Every year, we are truly impressed by the quality of the entries into the award program. But what I am most excited about is the wide variety of industries that are now sending in entries, and the incredible work they are producing with family caregivers in mind.

We at *Today's Caregiver* magazine and [Caregiver.com](#) launched the **Today's Caregiver™ Friendly Awards** in 2002 to celebrate products, services, programs, books and media designed with the needs of caregivers in mind. Entries in the products category have included wheelchairs, consumer medical devices, disposable products and accessible devices ...[more](#)

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Caregiver Renewed

By Steve B.

As the year begins anew, I look back at the many accomplishments achieved and lessons learned during this past year. To begin, I like to think about how we, as caregivers, are here and living life better than the year before, aided by the knowledge given to us by our doctors, other survivors and caregivers. We have applied everything we've learned into our everyday lives, and I want to share a major caregiving lesson I've learned as we begin 2015 ...[more](#)

GUEST ARTICLE

Family and Care in the Community

By Mark Ellerby

I think the social isolation of people with mental illnesses experienced as a result of the policy of care in the community magnifies the therapeutic importance of the family immensely, even and especially whilst living in Sheltered Accommodation. I have friends including staff members at the project I live in, but being able to 'go home' as I call it is still tremendously important. It helps that my parents know what to do in a crisis and learned ...more

CARETIPS

People at High Risk of Developing Flu-Related Complications

Most people who get the flu will have mild illness, will not need medical care or antiviral drugs, and will recover in less than two weeks. Some people, however, are more likely to get flu complications that result in being hospitalized and occasionally result in death. Pneumonia, bronchitis, sinus infections and ear infections are examples of flu-related complications. The flu also can make chronic health problems worse ...more

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CAREVERSES

A Caregiver Thank You

By Kathryn Meyer

I thought of you the other day, when you weren't even around.
You're a person who's sincere and true; whose heart is warm and sound.

In daylight you offer a guiding hand; At night a listening ear,
You face many challenges along the way; Your kindness keeps you near.

Preparing and caring for two, is extra work each day.
Yet these are the things you continue to do, and not for prize or pay.

I witness your devotion, even when frustrations do arise.
I honor your time and efforts, the concern that's deep in your eyes.

Your loved one may not say thank you; perhaps they don't know how.
Please accept this heartfelt acknowledgement, from me to you right now.

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